Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Allergy Season Protocol Pack

FULL-SEASON SUPPLY

CLEAR • DRAIN • DEFEND • BREATHE

PROTOCOL OVERVIEW

The Allergy Season Protocol Pack is a three-bottle supply of each formula so you can run the protocol through the whole season: lymphatic drainage, homeopathic allergy defense, immune and liver support.

KEY BENEFITS

- ✓ Homeopathic support for seasonal and airborne allergens
- ✓ Lymphatic drainage to move the allergic load
- ✓ Immune system regulation with Whole Body Immune Pro
- ✓ Liver support for processing histamine and allergens
- ✓ Three bottles of each formula, a complete season

WHAT'S INCLUDED



Lymph Detox Plus x3
Lymphatic drainage support.



Allercyl Breathe x3
Homeopathic allergy defense.



Allercyl Airborne x3
Homeopathic airborne allergy defense.



Whole Body Immune Pro x3
Broad immune system support.



Liver Pro x3
Liver support and detox balance.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Lymph Detox Plus	5 drops						5 drops	AM and PM, Monday to Friday only.
Allercyl Breathe	5 drops						5 drops	AM and PM, Monday to Friday only.
Allercyl Airborne	5 drops						5 drops	AM and PM, Monday to Friday only.
Whole Body Immune Pro		2 capsules		2 capsules		2 capsules		With meals, 3x daily.
Liver Pro		2 capsules		2 capsules		2 capsules		With meals, 3x daily.

PROTOCOL NOTES

- Take the homeopathic drops Monday through Friday and rest on the weekend.
- Removing food sensitivities lessens the burden on the immune system during allergy season.
- Stay well hydrated to support lymphatic drainage.
- Run the full three-bottle supply to cover the season.

LAB RECOMMENDATION: FOOD SENSITIVITY TEST

Identify and remove food sensitivities that may be contributing to gas, bloating, skin flare-ups and digestive issues.

PURCHASE FOOD SENSITIVITY TEST

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.