Bloating & Gas Relief Maintenance Pack

ONGOING SUPPORT

SUPPORT DIGESTION • REDUCE BLOATING • MAINTAIN GUT HEALTH

PROTOCOL OVERVIEW

The Bloating, Gas & Relief Maintenance Pack is designed for ongoing support of healthy digestion, regularity and gut balance. This maintenance protocol helps reduce bloating and gas, supports efficient digestion, and nourishes a healthy gut microbiome so you can feel comfortable, energized, and at your best every day.

KEY BENEFITS

- ✓ Helps reduce occasional bloating and gas
- ✓ Supports healthy digestion and nutrient absorption
- ✓ Promotes a balanced and diverse gut microbiome
- ✓ Supports regularity and gut comfort
- ✓ Ideal for long-term digestive wellness

WHAT'S INCLUDED



Systemic Enzyme Pro
Supports systemic enzyme activity and a healthy inflammatory response.



Digestive Enzyme & Bloating Support (Digest Pro)
Supports efficient digestion and helps reduce bloating and gas.



Gut Microbiome Balance & Terrain Support
Supports a healthy microbiome and optimal gut terrain.



Amino Acid Pro
Supports gut lining, digestive function and overall digestive wellness.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Systemic Enzyme Pro			2 caps					Take between meals.
Digest Pro		2 caps				2 caps		Take 15-30 min before breakfast and dinner.
Microbiome Terrain Pro		1 cap		1 cap		1 cap		Take with each meal.
Amino Acid Pro			2 caps					Take between meals.

PROTOCOL NOTES

- Take Systemic Enzyme Pro and Amino Acid Pro between meals (separate from meals).
- Take Digest Pro 15-30 minutes before breakfast and dinner.
- Take Microbiome Terrain Pro with each meal.
- Stay well hydrated throughout the day.
- For best results, use consistently as part of your daily wellness routine.

LAB RECOMMENDATION: FOOD SENSITIVITY TEST

Identify and remove food sensitivities that may be contributing to gas, bloating, skin flare-ups and digestive issues.

PURCHASE FOOD SENSITIVITY TEST

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.