Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Bloating & Gas Relief Protocol Pack

ROOT-CAUSE CLEANSE

SUPPORT DIGESTION • REDUCE BLOATING • RESTORE GUT HEALTH

PROTOCOL OVERVIEW

The Bloating & Gas Relief Protocol Pack is a targeted program designed to address the root causes of bloating and gas: biofilm buildup, microbial imbalance and sluggish elimination. It combines cleansing, gut-defense and microbiome support to help restore comfortable, efficient digestion.

KEY BENEFITS

- ✓ Targets biofilm and microbial imbalance
- ✓ Supports parasite cleansing and gut defense
- ✓ Promotes regular, comfortable elimination
- ✓ Rebuilds a balanced gut microbiome
- ✓ Helps you feel lighter and more comfortable

WHAT'S INCLUDED



BioFilm Detox
Supports the removal of biofilm buildup in the digestive tract.



Para Pro
Parasite cleanse and gut defense support.



BioTox Total Fungus & Mycotoxin
Supports the removal of fungal overgrowth and mycotoxins.



Microbiome Terrain Pro
Supports a healthy microbiome and optimal gut terrain.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
BioFilm Detox	1 cap		1 cap		1 cap			Take 15 min before meals.
Para Pro		2 caps		2 caps		2 caps		Take with meals. Sundays off.
BioTox Total Fungus & Mycotoxin							5 droppers full	Anytime before bed.
Microbiome Terrain Pro		1 cap		1 cap		1 cap		Begin 30 days into the protocol.

PROTOCOL NOTES

- Take BioFilm Detox 15 minutes before meals.
- Take Para Pro with meals, Monday through Saturday, Sundays off.
- Begin Microbiome Terrain Pro 30 days into the protocol.
- Stay well hydrated throughout the day.

LAB RECOMMENDATION: FOOD SENSITIVITY TEST

Identify and remove food sensitivities that may be contributing to gas, bloating, skin flare-ups and digestive issues.

PURCHASE FOOD SENSITIVITY TEST

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.