Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Blood Pressure Optimization

PROTOCOL PACK • 90 DAY PROGRAM

SUPPORT HEALTHY BLOOD PRESSURE • IMPROVE CIRCULATION • PROMOTE CARDIOVASCULAR HEALTH

PROTOCOL OVERVIEW

The Blood Pressure Optimization Protocol is a 90-day cardiovascular support program combining oxygenation, mineral repletion, adrenal support and fibrin balance to support healthy blood pressure and circulation naturally.

KEY BENEFITS

- ✓ Supports healthy blood pressure
- ✓ Supports oxygen delivery and circulation
- ✓ Provides magnesium for muscle and nerve function
- ✓ Supports adrenal balance under stress
- ✓ Supports normal fibrin balance

WHAT'S INCLUDED



Oxygen Pro
Supports healthy circulation, blood pressure and energy for cardiovascular wellness.



Nano Ionic Magnesium Formula
Supports blood pressure, muscle and nerve function, and relaxation.



Adaptogen Pro
Supports stress adaptation while supporting healthy blood pressure and adrenal function.



Raw Nattokinase
Supports healthy circulation, normal fibrin balance and cardiovascular health.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Oxygen Pro	20 drops			20 drops			20 drops	In 16 oz water, up to three times daily.
Nano Ionic Magnesium Formula	1 dropper full							In water. May be added to the same water as Oxygen Pro.
Adaptogen Pro		2 caps		2 caps				With meals.
Raw Nattokinase			1-2 caps		1-2 caps			Take between meals.

PROTOCOL NOTES

- Take Oxygen Pro in 16 oz of water, up to three times daily.
- Nano Ionic Magnesium may be added to the same water as Oxygen Pro.
- Take Raw Nattokinase between meals.
- Monitor blood pressure regularly and share readings with your practitioner.

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.