Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Cholesterol Balance

PROTOCOL PACK

HEALTHY CHOLESTEROL LEVELS • SUPPORTS HEART HEALTH • PROMOTES HEALTHY CIRCULATION • ADDRESSES ROOT CAUSES

PROTOCOL OVERVIEW

The Cholesterol Balance Protocol Pack provides comprehensive support for healthy cholesterol levels, cardiovascular function and circulation, working on the root causes of cholesterol imbalance rather than just the numbers.

KEY BENEFITS

- ✓ Supports healthy cholesterol levels
- ✓ Supports liver detoxification and bile flow
- ✓ Promotes healthy circulation and fibrin balance
- ✓ Supports healthy blood sugar and metabolism
- ✓ Addresses root causes of imbalance

WHAT'S INCLUDED



Cholesterol Balance & Cardiovascular Support (Cholest)
Supports healthy cholesterol levels and cardiovascular function.



Liver Detox & Glutathione Support
Supports liver detoxification pathways and glutathione production.



Raw Nattokinase
Supports healthy circulation and balanced fibrin activity.



Berberine Pro
Supports healthy blood sugar balance and cardiovascular health.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Cholest	3 capsules						3 capsules	In the AM and before bed.
Hepatic Glutathione Pathway		3 capsules						Take with breakfast.
Raw Nattokinase			1-2 capsules		1-2 capsules			Take 1-2 times daily between meals.
Berberine Pro		1 capsule		1 capsule		1 capsule		Take before each meal.

PROTOCOL NOTES

- Follow an anti-inflammatory, nutrient-dense diet rich in vegetables, lean proteins and healthy fats.
- Limit processed foods, sugar and refined carbohydrates.
- Stay hydrated with filtered water.
- Engage in regular exercise (cardio + strength training).
- Manage stress and get quality sleep.

LAB RECOMMENDATION: CARDIO-METABOLIC PANEL

Checks for inflammation, blood sugar balance and a full lipid panel. Metabolic dysfunction may be a major common root cause of cholesterol imbalance and is often overlooked in western medicine.

PURCHASE CARDIO-METABOLIC PANEL

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.