Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Heavy Metal Detox & Cellular Drainage

PROTOCOL PACK • 60 DAY PROGRAM

CLEANSE • DRAIN • DETOXIFY • SUPPORT • REPLENISH

PROTOCOL OVERVIEW

The Heavy Metal Detox & Cellular Drainage Protocol Pack is a comprehensive 60-day program designed to help remove heavy metals and environmental toxins, support the body's natural detoxification pathways, enhance lymphatic drainage, and promote cellular health and energy.

KEY BENEFITS

- ✓ Supports the removal of heavy metals and environmental toxins
- ✓ Enhances liver, kidney and lymphatic drainage
- ✓ Supports glutathione production and cellular detoxification
- ✓ Helps reduce toxic burden and oxidative stress
- ✓ Promotes improved energy, mental clarity and vitality

WHAT'S INCLUDED



Mercury Plus Detox
Supports the removal of mercury and heavy metals.



Liver Detox & Glutathione Support
Supports liver detoxification and glutathione production.



Lymph Detox Plus
Supports lymphatic drainage and cellular function.



Liver Pro
Supports liver function and detox balance.



Kidney Pro
Supports kidney function and fluid balance.



Whole Body Immune Defense
Supports immune function and overall wellness.



Colon Pro
Supports elimination and digestive support.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Mercury Plus Detox (spray)			3 sprays					Anytime between meals, daily. 30 days on, 7 days off. Repeat.
Liver Detox & Glutathione Support (Hepatic)		3 capsules						Take with breakfast, daily.
Lymph Detox Plus (drops)	5 drops						5 drops	Under the tongue, AM and PM. Monday-Friday only.
Liver Pro		3 capsules		3 capsules		3 capsules		With meals, 3x daily. Monday-Friday only.
Kidney Pro		3 capsules		3 capsules		3 capsules		With meals, 3x daily. Monday-Friday only.
Whole Body Immune Pro		3 capsules		3 capsules		3 capsules		With meals, 3x daily. Monday-Friday only.
Colon Pro		1-2 capsules		1-2 capsules		1-2 capsules		With meals, daily. Reduce to 1 capsule if loose stools occur.

PROTOCOL NOTES

- Follow this protocol for 60 days as directed.
- It may be necessary to repeat several rounds of this protocol initially; for maintenance repeat every spring and fall.
- Stop drinking tap water; use appropriately filtered water.
- If you have mercury or other metal fillings, consult a holistic/biological dentist about safe evaluation and removal.
- Avoid beverages from metal cans and aluminum foil for food preparation. Eliminate cookware containing aluminum.

LAB RECOMMENDATION: METALS AND MINERALS HAIR TISSUE ANALYSIS

Testing provides valuable insight into heavy metal burden and mineral status for a personalized approach.

PURCHASE METALS AND MINERALS HAIR TISSUE ANALYSIS

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.