Dr. Dale's
WELLNESS CENTER

HEAL • OPTIMIZE • THRIVE
A HEALTHIER TOMORROW, NATURALLY

Total Digestive Rejuvenation Step 1

CLEAR & REMOVE • WEEKS 1-6

CLEANSE • ELIMINATE • RESTORE BALANCE • SUPPORT DETOXIFICATION • PREPARE TO REBUILD

PROTOCOL OVERVIEW

Total Digestive Rejuvenation Step 1: Clear & Remove (Weeks 1-6) is designed to eliminate unwanted pathogens, reduce microbial overgrowth, break down biofilms and support the body's natural detoxification pathways. This foundational phase helps clear harmful bacteria, parasites, fungi and toxins to create a cleaner internal environment and prepare the gut for healing and restoration.

KEY BENEFITS

- ✓ Helps eliminate harmful bacteria, parasites and fungal overgrowth
- ✓ Supports a healthy gut microbial balance
- ✓ Breaks down biofilms for improved nutrient absorption
- ✓ Supports liver, kidney and immune detoxification pathways
- ✓ Prepares the gut for long-term healing and repair

WHAT'S INCLUDED



Colon Pro
Supports healthy cleansing, elimination and digestive regularity.



Para Pro
Supports intestinal cleansing and parasite defense.



BioTox Total Fungus
Supports a healthy response to fungal overgrowth and mycotoxins.



BioTox BAC 1, 2 & 3
Targets unwanted bacteria and supports a healthy gut environment.



BioFilm Detox
Helps break down biofilms and supports natural detoxification pathways.

DAILY DOSAGE SCHEDULE

PRODUCT	AM (Upon Rising)	BREAKFAST (With Meal)	MID-MORNING (Between Meals)	LUNCH (With Meal)	MID-AFTERNOON (Between Meals)	DINNER (With Meal)	BEFORE BED	NOTES
Colon Pro		1-2 capsules		1-2 capsules		1-2 capsules		Take with meals, 1-2 capsules per meal.
Para Pro		2 capsules		2 capsules		2 capsules		Take with meals, 2 capsules 3x daily. Sundays off.
BioTox Total Fungus			5 droppersful					Take mid-morning.
BioTox BAC 1	5 drops					5 drops		Mon-Friday only.
BioTox BAC 2	5 drops					5 drops		Mon-Friday only.
BioTox BAC 3	5 drops					5 drops		Mon-Friday only.
BioFilm Detox		1 capsule		1 capsule		1 capsule		Take 15 minutes before meals.

PROTOCOL NOTES

- Follow this protocol for 6 weeks.
- No caffeine.
- Drink plenty of filtered water throughout the day.
- Eat a clean, anti-fungal diet: no sugar, syrups, sweeteners, dairy, vinegar or fermented foods. Only berries for fruit.
- Avoid starchy vegetables. Choose non-starchy vegetables.
- Use clean, organic, non-toxic personal care and household products.

LAB RECOMMENDATION: FOOD SENSITIVITY TEST

Identify and remove food sensitivities that may be contributing to gas, bloating, skin flare-ups and digestive issues.

PURCHASE FOOD SENSITIVITY TEST

LAB RECOMMENDATION: GI MAP + ZONULIN TEST

Assess the gut microbiome, pathogens and digestive markers to identify root causes and personalize your protocol.

PURCHASE GI MAP + ZONULIN TEST

JOIN OUR SKOOL COMMUNITY

For education and ongoing protocol support, join the Diana M Drake Natural Medicine Community on Skool.

JOIN NOW

NOURISH • BALANCE
RESTORE • LIVE WELL

PURCHASE PROTOCOL

Wellness Starts Within

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease. Consult the product label for full ingredient and usage information.