

Digest Pro

Historically, humans used to eat a wide variety of digestive herbs in their diets. Sadly, over time and with the Standard American Diet, these wonderful herbs are no longer as abundant as they once were. Digest Pro works to turn on the digestive system processes and encourage native production of enzymes and stomach acid. DIGEST Pro is for anyone with foul gas, burning in the esophagus after meals, problems eliminating, bloating, those who use antacids, crave sweets or carbs, drink soda or coffee, has candida or yeast problems, or experience pain in the right elbow.

Thyme

- Thyme has numerous proven medicinal properties. Primary among these properties is its effect on the gastrointestinal tract, where it is antispasmodic, carminative, and anthelmintic.

Rosemary

- Rosemary contains more than 240 medically and nutritionally valuable compounds. It helps to relax muscles, particularly the smooth muscles of the digestive tract and uterus. Because of this property, it can be used to soothe digestive upsets and relieve menstrual cramps.

Buckthorn Bark

- Buckthorn Bark contains compounds called anthraquinone, which have a strong purgative and laxative effect on the body. Specifically, buckthorn bark helps to ease constipation. The compounds in buckthorn bark increase the colon's ability to spontaneously contract. They also reduce water absorption by the intestines, which means more liquid is left in the colon. This produces larger volume and softer stools, which in turn eases constipation. Buckthorn is also used to treat hemorrhoids and anal fissures. Because buckthorn bark is an effective stool softener, it can make bowel movements more comfortable for people with hemorrhoids or anal fissures.

Oregano Leaf

- Oregano Leaf is used as an expectorant and as a digestive aid. Oregano is also high in antioxidant activity due to its high content of phenolic acids and flavonoids. Additionally, oregano has demonstrated antimicrobial activity against food-borne pathogens such as *Listeria Monocytogenes*. Both of these characteristics make it useful for digestive health.

Caprylic Acid

- Caprylic Acid is the common name for the eight-carbon saturated fatty acid known by the systematic name octanoic acid. It is used for treatment and supportive therapy of intestinal disorders commonly associated with *Candida albicans* yeast overgrowth, including Irritable Bowel Syndrome (IBS), leaky gut syndrome, intestinal parasite infections, and intestinal bacterial infections. Selective fermentation of FOS by *Bifido-bacterium* leads to an increase in the presence of these bacteria and to the production of acetic acid and lactic acid as fermentation end products, resulting in a lower pH in the digestive tract and providing a means to prevent the overgrowth of harmful bacteria like *Escherichia coli*, *Clostridium perfringens*, and *Clostridium difficile*.

Tangerine

- Tangerine has been shown to have high antioxidant properties, and coupled with the undeniable benefits of fiber, it is highly helpful to the digestive system.

Orange

- Orange is very effective in chronic dyspepsia. It supplies nutrition in an easily assimilated form without taxing the digestive organs. It also stimulates the flow of digestive juices, thereby improving digestion and increasing appetite. It creates a suitable condition for the development of friendly bacteria in the intestines. Orange is beneficial in treating constipation as well. The general stimulating influence of orange excites peristaltic activity and helps prevent the accumulation of food residue in the colon, which leads to putrefaction and auto-intoxication.

Fennel

- Fennel has properties similar to those of anise and dill water: mixed with sodium bicarbonate and syrup, these waters constitute the domestic 'Gripe Water,' used to correct the flatulence of infants.
- Fennel is chiefly used medicinally with purgatives to allay their side effects, and for this purpose, it forms one of the ingredients of the well-known compound Liquorice Powder.

Peppermint

- Peppermint helps against upset stomachs and inhibits the growth of certain bacteria. Peppermint oil has the ability to reduce colicky abdominal pain due to IBS. Peppermint relaxes the gastroesophageal sphincter, thus promoting bellying.

Spearmint

- Spearmint is carminative, simulative, stomachic, diaphoretic, and antispasmodic. It helps digestion, rheumatism, hiccups, and flatulence.

Cayenne

- Cayenne is considered helpful for various conditions of the gastrointestinal tract, including stomachaches, cramping pains, and gas. Cayenne helps to relieve digestive pain, not only due to its endorphin-enhancing properties, but it also helps to block the transmission of substance P, which transports pain messages to the brain.

Cinnamon Bark

- Cinnamon Bark is helpful in strengthening and supporting a weak digestive system. Research reports that cinnamon bark breaks down fats in the digestive system, making it a valuable digestive aid. It is used to treat nausea, vomiting, diarrhea, stomach ulcers, acid indigestion, heartburn, lack of appetite, blood sugar, and abdominal disorders.

Supplement Facts

Serving Size : 3 capsules daily

Serving per container: 30

	Amount Per Serving	% Daily Value
Amylase (50,000 SKB activity)	500 mg	*
Fennel Seed, organic	300 mg	*
Serratio Peptidase (25,000 SU activity)	208 mg	*
Cinammon Bark	180 mg	*
Fos (Fructo-oligosacharides)	150 mg	*
Dandelion Root, organic	125 mg	*
Peppermint Leaf, organic	125 mg	*
Bromelain (210 GDU activity)	87.5 mg	*
Marshmellow Root, organic	75 mg	*
Caprylic Acid (As sodium caprylate)	94 mg	*
Buckthorn Bark, organic	75 mg	*
Cayenne Fruit, organic	75 mg	*
Aloe Vera Gel, organic	60 mg	*
Thyme Leaf	50 mg	*
Rosemary Leaf	50 mg	*
Papain (60,000 activity)	30 mg	*
Organo Herb	25 mg	*
*Daily value not established.		

Other Ingredients: Stabilized Rice Bran, Vegetarian Capsule.

Hypoallergens: Non-GMO, No Fillers, No Binders, No Toxic Flow Agents, Gluten Free, No Preservatives, No Coloring, No Flavoring. Veggie Caps.

Recommended Dosage

For Mild Repair: 3 upon rising, 2 before OR after meals, 3 at bedtime.

For Chronic continual digestive disturbance: 5 upon rising, 5 before all meals, 3 after all meals, 5 at bedtime.

For a severely backed up colon/help eliminating / bowl irregularity: 3 colon pro with 5 digest with meals or as needed.

WARNINGS:

Keep this and all medicines out of the reach of children. In case of accidental overdose, contact physician or Poison Control Center.

As with any drug, if you are pregnant or nursing a baby, seek advise of a health professional before using this product. Do not use if seal is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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