

EndoPure Estro (Homeo)

EndoPure Estro is a homeopathic formula designed to balance and rejuvenate estrogen levels. Formulated with a combination of homeopathic ingredients, it addresses symptoms associated with hormonal imbalance, such as hot flashes, without causing elevated levels of estrogen. Instead, it aims to provide balance and relief following homeopathic principles. The formula can be used frequently for acute symptoms or as directed for chronic conditions. Saliva testing is recommended to monitor hormone levels and adjust the usage of EndoPure Estro accordingly.

Supports balanced estrogen activity without overstimulation

- **Estrogeninum, Estradiolinum, and Estriol** help regulate estrogen signaling, supporting hormonal balance without raising estrogen levels beyond the body's natural needs.

Helps relieve hot flashes and temperature dysregulation

- **Belladonna, Sanguinaria Canadensis, and Sulfur** support vascular and thermoregulatory balance, helping reduce the frequency and intensity of hot flashes.

Supports hypothalamic-pituitary-ovarian (HPO) axis communication

- **Hypothalamus, Pituitary, and Ovarinum** help regulate hormonal signaling between the brain and ovaries, supporting coordinated endocrine function.

Promotes emotional balance and mood stability

- **Sepia, Lilium Tigrinum, and Pulsatilla** support emotional regulation, helping ease mood swings, irritability, and emotional sensitivity linked to hormonal fluctuation.

Supports adrenal-hormonal balance during stress

- **Cortisol and Adrenal** support help stabilize stress-related hormonal interference, allowing estrogen pathways to function more smoothly.

Encourages healthy endocrine rhythm and circadian balance

- **Pineal** support contributes to circadian and hormonal rhythm regulation, supporting better sleep patterns and overall hormonal timing.

Supports liver and detoxification pathways related to estrogen metabolism

- **Cheladonium** helps support hepatic function involved in estrogen processing and clearance, promoting healthier hormone metabolism.

Helps ease pelvic and reproductive discomfort

- **Sepia, Lilium Tigrinum, and Ovarinum** support uterine and pelvic balance, helping reduce discomfort associated with hormonal shifts.

Promotes overall endocrine resilience and adaptability

- **Sulfur and Pulsatilla** support systemic balance and adaptability, helping the endocrine system respond more effectively to internal and external stressors.

Homeopathic Ingredients:

Cortisol 6C, Adrenal 6C, Pineal 6C, Estrogeninum 6X, Estradiolinum 6X, Estriol 6X, Pituitary 6C, Hypothalamus 6C, Ovarinum 6C, Cheladonium 6C, Sepia 12C, Lilium Tigrinum 12C, Sulfur (mineral) 12C, Sanguinaria Canadensis 6C, Belladonna 6C, Pulsatilla 12C.

Inactive Ingredients:

Demineralized Water, 25% Ethanol.

Indications

Conduct saliva testing to monitor hormone levels and adjust usage accordingly.

Caffeine cannot be consumed anytime while on this remedy. Please wean off caffeine over a 3-week period prior to beginning this remedy.

Recommended Dosage

For cycling women: Begin use on day 1 of your cycle; take 5 drops, 1 to 3 times per day under the tongue, 5 days on and 2 days off through day 24 of your cycle.

For menopausal women: Take 5 drops under the tongue, 1 to 3 times per day, Monday through Friday, weekends off.

Additional Information

Formulated by Theresa Dale, PhD, CCN, N.P.

Please read the indications on the label for specific usage instructions and consult a healthcare professional for personalized advice.

WARNINGS:

- Do not use if the tamper-evident seal is broken or missing.
- Keep out of reach of children.
- Do not use if pregnant or nursing unless directed by a healthcare professional.
- In case of overdose, contact a physician or a Poison Control Center right away.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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