

Nano Ionic Magnesium

Dr. Dale's Nano Ionic Magnesium Formula is a specially formulated blend designed to provide optimal support for various bodily functions and address specific health conditions. Magnesium plays a vital role in many different body functions, including calcium deposition into bones, energy production, muscle relaxation, and heart function. This formula combines magnesium with other essential minerals to promote overall health and well-being.

Supports optimal cellular absorption of magnesium

- **Nano ionic magnesium chloride** delivers magnesium in an electrically charged form, allowing it to cross cellular barriers efficiently and support intracellular mineral balance.

Promotes nervous system calm and stress resilience

- **Magnesium** supports neurotransmitter regulation and nervous system relaxation, helping reduce tension, irritability, and symptoms associated with stress or anxiety.

Supports healthy muscle relaxation and neuromuscular function

- **Ionic magnesium** plays a critical role in muscle contraction and relaxation cycles, helping reduce cramping, tightness, and muscular fatigue.

Enhances cellular energy production and metabolic efficiency

- **Magnesium** is essential for ATP production and activation, supporting sustained energy, reduced fatigue, and efficient cellular metabolism.

Supports cardiovascular health and heart muscle function

- **Magnesium** contributes to healthy heart rhythm, vascular relaxation, and circulation, supporting overall cardiovascular stability.

Supports bone density and structural integrity

- **Magnesium** works synergistically with minerals such as manganese to support bone formation, mineralization, and skeletal strength.

Supports enzymatic activity and biochemical balance

- **Magnesium** is required for the function of over 350 enzyme systems, supporting detoxification, hormone regulation, digestion, and cellular repair.

Promotes healthy blood vessel relaxation and circulation

- **Ionic magnesium** supports smooth muscle relaxation in blood vessels, contributing to healthy blood flow and vascular function.

Supports digestive and bowel regularity

- **Magnesium** contributes to healthy bowel motility and digestive function, supporting overall gastrointestinal balance.

Helps address widespread dietary magnesium inadequacy

- Modern food refinement has significantly reduced mineral content in the diet, making bioavailable magnesium support essential for maintaining optimal health.

Supports healthy sleep quality and circadian balance

- **Magnesium** helps calm neural activity and supports relaxation pathways that are essential for falling asleep and maintaining restorative sleep, contributing to improved sleep quality and more balanced circadian rhythms.

Supplement Facts

Serving Size : 30 Drops (2ml)

	Amount Per Serving	% DV**
Magnesium ((Magnesium Chloride)	80 mg	20%

**Daily values (DV) not established.

Other Ingredients: De-ionized water.

Recommended Dosage

Normal dose: 30 drops daily in water or juice, 1 to 3 times daily.
*100mg per 15 drops.

More support: take 4 droppers full daily.

Children under five: 5 drops daily. If diarrhea occurs, reduce the dose or spread it out through the day.

WARNINGS:

- Do not use if the tamper-evident seal is broken or missing.
- Keep out of reach of children.
- Do not use if pregnant or nursing unless directed by a healthcare professional.
- In case of overdose, contact a physician or a Poison Control Center right away.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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