



Niacinamide

Medical and Clinical Research along with Dr. Dale's independent research indicates phenomenal improvement in the following areas.

Dr. Dale also highly recommends an organic diet and exercise program along with Niacinamide to achieve the following:

- Lower blood pressure to a normal range.
- Lower A1C (test for insulin) and provides major benefit for diabetics.
- Help lower lipids.
- Improve neurological issues and cognitive function.
- Supports weight loss in overweight/obese individuals.

Dosage

- **The typical supplemental dosage** ranges from 20 to 100 milligrams daily. The correct dosage for Niacinamide B3 is indicated on the label.

WARNINGS:

It is recommended to consult with a healthcare provider for personalized dosage guidance, especially for individuals with circulatory or cardiovascular issues.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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