

NuFem #1

NuFem 1 is a targeted homeopathic formula created to gently support women's hormonal harmony by working with the body's natural regulatory systems. Rather than supplying hormones directly, NuFem 1 focuses on signaling and communication within the endocrine system to encourage balance, adaptability, and resilience.

Supports hormonal balance and endocrine regulation

- Ingredients such as **Progesterone 6X**, **Pregnenolone 6X**, **Folliculinum 6X**, and **Ovarinum 6X** work synergistically to encourage balanced progesterone-estrogen activity and healthy ovarian signaling.

Promotes menstrual cycle regularity and comfort

- Pituitarinum 6X** and **Hypothalamus 6X** support communication between the brain and reproductive organs, helping regulate cycle timing and reduce cycle-related discomfort.

Helps the body adapt to stress-related hormonal disruption

- Adrenal 6X** and **Cortisol 6X** support adrenal balance, assisting the body in responding more effectively to physical and emotional stress that can impact female hormones.

Supports emotional well-being and mood stability

- Sepia 6X** and **Sulphur 6X** are traditionally used in homeopathy to support emotional balance, irritability, and mood changes associated with hormonal shifts.

Encourages healthy circulation and tissue nourishment

- L-Arginine 6X** supports nitric oxide pathways, promoting healthy blood flow and tissue support within the reproductive system.

Supports circadian rhythm and hormonal signaling

- Pineal 6X** helps regulate biological rhythms, which play a key role in hormonal timing and overall endocrine balance.

Supports emotional balance and stress resilience

- By working with adrenal, **hypothalamic**, and **pituitary** signaling, NuFem 1 may help the body better adapt to physical and emotional stressors, supporting mood stability and a calmer stress response.

Promotes healthy energy levels and vitality

- Through endocrine coordination and adrenal support, the formula may assist in reducing feelings of fatigue related to hormonal imbalance, helping women feel more energized and balanced throughout the day.

Supports hormonal rhythm and cycle regularity

- By addressing communication between the ovaries, pituitary, and hypothalamus, NuFem 1 may help promote a more harmonious hormonal rhythm, supporting balance throughout the menstrual cycle and transitional phases.

Encourages metabolic and endocrine communication

- The combination of glandular and mineral-based homeopathic ingredients helps support efficient signaling between endocrine organs, which may positively influence overall metabolic function and hormonal responsiveness.

Active Ingredients:

Chelidonium 6X, Cortisol 6X, L-Arginine 6X, Ovarinum 6X, Pineal 6X, Pregnenolone 6X, Sepia 6X, Sulphur 6X, Adrenal 6X, Folliculinum 6X, Hypothalamus 6X, Pituitarinum 6X, Progesterone 6X.

Inactive Ingredients:

20% Non-GMO alcohol, Purified water, Glycerin, Aloe Vera.

Directions:

Monitor hormones using Saliva lab testing and make adjustments accordingly.

For the temporary relief of the following complaints: Hot flashes, menses stopped, difficult, scanty or late, liver disturbances, irritable, uterine problems. NuFem #1, #2, and #3, are intended to be used under the guidance of a healthcare practitioner.

Recommended Dosage

Cycling women: use day 15-24 of cycle applying 1-2 sprays topically in the morning and evening 5 days on 2 days off.

Menopause women: use monday through friday only, weekends off. Spray under armpit, or to the inner elbow crease and rub into clean, dry skin.

If applying under armpit must not have deodorant on. Do not use aluminum deodorant with this product if applying under armpit.

WARNINGS:

- Do not use if the tamper-evident seal is broken or missing.
- For external use only.
- Keep this and all medication out of the reach of children.
- Do not use if under 18 years of age.
- Do not use if pregnant or nursing unless directed by a physician or healthcare professional.
- Store in a cool, dry place.
- To be used according to standard homeopathic indications.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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