

Step One DermaDetox – 250 Caps

Full Body Detox is a potent, all-natural formula designed to support the body's primary elimination systems: liver, kidneys, lymphatics, blood, bowels, and skin. By promoting efficient detoxification, this blend helps reduce the burden on key organs and supports overall wellness. Ideal as part of a skin health protocol or general wellness regimen, Full Body Detox works gently yet effectively to help the body cleanse and rejuvenate naturally.

Supports liver function and detoxification

- **Milk Thistle, Dandelion Root, Burdock Root, and Oregon Grape** promote liver health, helping the body process and eliminate toxins more efficiently.

Promotes kidney and urinary system health

- **Juniper Berry and Uva Ursi** assist in kidney function and urinary cleansing, supporting healthy fluid balance and detoxification.

Enhances lymphatic and blood cleansing

- **Red Clover, Cleavers, and Barberry** support healthy circulation and lymphatic drainage, aiding in the removal of metabolic waste.

Supports digestive and bowel health

- **Cascara Sagrada Bark, Psyllium Hulls, Slippery Elm, Marshmallow Root, and Apple Pectin** help regulate bowel movements, promoting the elimination of waste and supporting gut health.

Promotes skin health and clarity

- By aiding the detoxification of blood, lymphatics, and elimination organs, this formula helps support radiant, healthy skin.

Supports toxin binding and removal

- **Bentonite Clay and Activated Charcoal** help bind toxins in the digestive tract, assisting the body in safely eliminating them.

Provides trace mineral and nutrient support

- **Kelp** delivers essential minerals that support cellular function and overall metabolic processes during detoxification.

Enhances natural energy and vitality

- By reducing the body's toxic burden, this formula can help improve overall energy and mental clarity.

Gentle, whole-body detox

- Works on multiple elimination organs without harsh side effects, suitable for regular use as part of a wellness regimen.

Supports healthy inflammation response

- **Botanicals like Burdock Root, Red Clover, and Slippery Elm** may help the body modulate inflammatory processes during detox.

A Proprietary Blend of Organic:

Burdock Root, Red Clover, Cascara Sagrada Bark, Psyllium Hulls, Juniper Berry, Slippery Elm, Marshmallow Root, Bentonite Clay, Milk Thistle Seed Extract, Dandelion Root, Kelp, Yellow Dock, Oregon Grape, Mueelin, Cleavers, Lobelia, Apple Pectin, Activated Charcoal (Coconut), Barberry, Uva Ursi, Parsley Leaf.

Recommended Dosage

- **First Time/Full Detox:** 4 capsules, 3 times per day with meals (20 Day Detox, rest for 3 days, then repeat or move to Medium or Maintenance if needed).
- **Medium Detox:** 3 capsules, 3 times per day with meals (26 Days, rest for 4 days, then move to Maintenance if needed).
- **Maintenance:** 1 capsule, 3 times per day with meals. *Please consult with your holistic esthetician or wellness practitioner for best use.

WARNINGS:

- Do not use if tamper-evident seal is broken or missing.
- Keep out of reach of children.
- Do not use if pregnant or nursing unless directed by a healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

©2025 Dr. Dale Wellness Brand, owned and distributed by DMD Natural Medicine