

XMA Hista Clearing

XMA Hista Clearing is a carefully formulated herbal blend designed to help the body naturally manage histamine levels and support comfortable skin. This proprietary formula combines potent botanicals with quercetin, a well-known natural anti-histamine and antioxidant, to promote skin comfort and reduce irritation.

Reduces itching and irritation

- **Nettle Leaf and Quercetin** help calm histamine reactions in the skin, supporting relief from itchiness and mild allergic responses.
- The natural anti-histamine profile of **Quercetin, Nettle Leaf, and Goldenrod** can help minimize the frequency and severity of skin flare-ups like hives or rashes.

Supports healthy skin barrier

- Ingredients like **Eyebright and Goldenrod** promote optimal skin function by supporting the skin's natural defenses.

Helps manage redness and inflammation

- The anti-inflammatory properties of **Lobelia and Yerba Santa** help soothe irritated or inflamed skin.

Promotes detoxification for clearer skin

- Herbs such as **Nettle Leaf and CamuCamu** support the body's natural elimination pathways, which can reduce toxin-related skin breakouts.

Protects skin from oxidative stress

- **CamuCamu and Quercetin** are rich in antioxidants that defend skin cells against free radicals, supporting skin health and youthful appearance.

Supports overall skin comfort and resilience

- Regular use can help maintain skin comfort, smoothness, and resilience in response to environmental or seasonal triggers.

Quercetin 200 mg **A proprietary blend of:** Nettle leaf, Eyebright Goldenrod, CamuCamu, Lobelia, Yerba Santa.

Other Ingredients: (Kosher Vegetarian Capsule)
Vegetable cellulose and filtered water.

Recommended Dosage

- Take 2 caps 3 times per day with meals.
May increase until symptoms cease.

WARNINGS:

- Do not use if tamper-evident seal is broken or missing.
- Keep out of reach of children.
- Do not use if pregnant or nursing unless directed by a healthcare professional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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